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<http://www.scientiaresearchlibrary.com/arhive.php> THE INFLUENCE OF PROPOLIS ON HEALING PROCESS ATPATIENTS WITH PULMONARY TUBERCULOSISDESEASEON WONOAYU, KREMBUNG, AND PRAMBON AREA IN SIDOARJO DISTRICT Hotmaida Siagian*, Siti Maemonah, Yetty Wilda Study Program of Nursing, Polytechnic of Health, Sidoarjo, Indonesia

ABSTRACT Tuberculosis is a lung disease that is common in developing countries. This disease is difficult to eradicate because this disease is a contagious disease and the healing process that takes a long time. Treatment of TB in Indonesia have followed the advice of the WHO, through DOTS programs and the failure of the treatment is quite high which led to an increasing in the number of patients with tuberculosis. Treatment failure can be caused by various factors, one of which is resistance to Anti-Tuberculosis Drug. Propolis ana turalimmuno modulator activity are known to have antimicrobial, antifungal, antiviral, antioxidant, antitumor, anti-inflammatory,

antithrombotic and improve their generative ability. The purpose of the study is to determine the effect of propolis on the healing process at patients with pulmonary tuberculosis in PHCW Onoayu, Krembung, and Prambon area in Sidoarjo district. Design of the study is quasi-experiment with approaches comparison between control and treatment groups. Respondents from Acid-Resistant Bacteria positive were selected and divided into control and treatment groups. In the treatment group will be given Propolis for 1 month of treatment 2 times a day 5 drops each day. Then be compared with the healing process Acid-Resistant Bacteria be examined at 2 months after treatment. The [results showed that there were significant differences between the control group and the treatment group](#) and based on [the](#) Mann-Whitney statistical test showed that $p=0.029 < \alpha =0.05$ so it can be concluded that the administration of propolis can help the healing process of pulmonary tuberculosis. Propolis as complementary therapy can be considered by the client and the nurse to reduce healing failure of TB especially treatment TB in the community. Keywords : Propolis, Pulmonary Tuberculosis, Acid-Resistant Bacteria examination.

INTRODUCTION Tuberculosis is an infectious disease directly caused by germs (Mycobacterium Tuberculosis). The majority of TB germs invade the lungs but it can also be about other body organs. Tuberculosis is a bacterial infection disease which is characterized by the formation of chronic granuloma on the network are infected. Mycobacterium tuberculosis is the aerobic germs can live mainly in lung or various other organs with high partial pressure. Tuberculosis disease usually attacks the lungs but can spread to almost all parts [of the body including the meninges, kidney, bone, lymph and lymph](#). [The initial infection usually occurs 2 -10 weeks after exposure. The individual can then experience the active disease because of](#) interference or the effective immune response. Mycobacterium tuberculosis is bacterial aerobic acid-resistant stems that grow slowly and are sensitive to heat and Ultra Violet rays. Tuberculosis can occur anywhere in the body but mostly incurred as pulmonary parenchyma network infections. Data for 2003 show that the WHO Indonesia is third largest contributor of tuberculosis cases in the world after India and China. Approximately 140,000 people of Indonesia who died each year of tuberculosis. The treatment of TB in Indonesia have been following advice from the WHO namely through DOTS (Directly Observed Treatment Short Course), namely the use of OATs for at least 6 months to cure tuberculosis patients with supervision. But still the onset of treatment failure is quite high which lead to an increased number of tuberculosis sufferers. Treatment failure can be caused by a variety of factors, one of which is resistance to OAT. Resistance to OAT is primarily caused by erratic drug intake (especially the treatment of incomplete/interrupted) and treatment with just one anti-tuberculosis drugs only. The various manifestations of the infection caused by Mycobacterium tuberculosis illustrate the existence of a balance between germs (m. Tuberculosis) and defense mechanism of the body host (host immunity) in which the body's defense mechanisms of the host determine the end results that can be caused. There is an important role of macrophages as executor of non-specific and specific T cell mediated in destroying the m. Tuberculosis. Phagocytosis, recognition by the immune system, the production of cytokines and mechanism effector is the role of innate immunity. Macrophages activated by infection with m. Tuberculosis produces type 1 cytokines such as IL-12, IL-6, and IL-23. The secretion of IL-12 of the macrophage is the beginning of the regulation of the immune response proinflammatory cytokine, acts as that can stimulate [the production of IFN-gamma by](#) Th1 cells [and NK cells](#) that can enhance the activation of macrophages in the fight against infection of m. tuberculosis. The use of immunotherapy is an additional draw attention to tackle tuberculosis, mainly because of an increase in the percentage of sufferers who are resistant to anti tuberculosis medication. Immunomodulator is expected to be used to repair or rebuild (immunorestitution) of the immune system that is not perfect or dysfunction. There are specific Immunomodulator and non-specific. Specific Immunomodulator e.g. monoclonal antibodies, whereas non e.g. vaccines BCG and Corynebacterium parvum, which has exploited secretory products. Non can enhance Immunomodulator macrophage response to infection due to the secretion of cytokines by T lymphocytes or lymphokine, such as IFN-gamma and TNF-alpha. The weakness of the immunomodulator is required the presence of recurrent exposure to produce cytokines that are able to activate the macrophages cause without any recurring exposure within a certain period resulted in the body would not be found specific lymphocyte T that secrete cytokines can activate macrophages. Based on the foregoing the immunomodulator required high levels of availability so that it can be given a long period of recurring like immunomodulator derived from nature. Propolis is a natural immunomodulator example. Propolis bee glue is referred to as, is the substance resin, brownish-colored bees made by collecting the SAP of resin from the trees and then mix it with nectar and formed the substance of wax wax disarangnya. Propolis contains chemically complex which has a very rich variety of higher terpenes and benzoate, caffeoyl, cinnamate, phenol acid and flavonoids which have many benefits. Caffeoyl Acid Phenethyl Ester (CAPE) that have activity as immunomodulator also contained therein. In some research, propolis is known to have antimicrobial activity, antifungal, antiviral, antioxidant, anti-tumor, anti-inflammatory, anti-thrombotic and regenerative abilities but the literature that mention its effect on the immune response is still rare. Propolis is a mixture of resin that is collected by honeybees [from plant](#)

sources such as SAP flow or buds of a tree. [Collected by bees to cover the small holes, up to 6 millimeters, while for larger holes use](#) the night bees. Its color depends on the source of the foliage, but is usually dark brown. Propolis are sticky on the room temperature or above (20 ° C). While if lower, will become hard and brittle. Propolis is the resin into a [dark green or brown with a sense of fun as poplar buds, honey, and vanilla](#) candles [but can also have a bitter taste.](#) [When](#) burned, the aromatic resin smells wafted by strong [\(Nikolaev, 1978\).](#) Propolis [chemical composition as well as color and aroma](#) change [according to the geographical](#) zone. [Its colour varies from yellowish green to dark brown depending on the source and age \(Ghisalberti, 1979\).](#) This [can be likened to an aromatic glue. Hard and brittle when cold, but](#) be gentle [and very sticky when warm.](#) It's [composition and physico-chemical](#) investigation of propolis (Ivanov, 1980). Propolis contain β -amylase (Kaczmarek and Debowski, 1983), many compounds are polyphenols, flavonones, flavones, phenolic acids and esters (Bankova et al, 1982; Bankova et al, 1983; Bankova et al., 1988) and fatty acids (Polyakov et al., 1988). [Propolis contains some minerals such as Mg, Ca, I, K, Na, Cu, Zn, Mn and Fe as well as some vitamins](#) such as [B1, B2, B6, C and E, and a number of fatty acids. In addition, it contains some](#) of the enzyme succinate dehydrogenase as, glucose-6-phosphatase, acid phosphatase and adenosine triphosphatase (Tikhonov and Mamontova, 1987). [Propolis contains copper 26.5 mg manganese mg/ 40 mg /kg ash residue and contains iron,](#) calcium, aluminium, vanadium, strontium, manganese and Silicon (Moreira, 1986). Anti-bacterial activity of propolis much interest researchers for researching and discovering that propolis has antibacterial activity against [gram-positive](#) bacteria [and Gram-negative strains and they found that propolis has antibacterial activity against a](#) variety [of Gram-positive rods but](#) has [limited activity against gram-negative bacilli](#) (Grecianu and Enciu, 1976). And Ugur Arslan (2004) found that the antimicrobial activity of propolis varies depending on the dose of propolis, propolis samples, and solvent extraction of propolis. [Antimicrobial activity of](#) propolis [all the samples increased with increasing](#) dose. The most sensitive microorganisms against Shigella sonnei propolis is in a group of gram-negative and Gram-positive Streptococcus mutanspada. The standard antibiotics used and the result showed that samples of propolis has an effect equal [or greater inhibitory effect on s. mutans, Salmonella typhi, Pseudomonas aeruginosa,](#) and s. [sonnei.](#) Of ethanol extracts of propolis (EEP) effective against [anaerobic bacteria. EEP shows the greatest effectiveness against strains](#) bakteroid [and Peptostreptococcus](#) and a little [less effective against gram-positive rods Propionibacterium,](#) Eubacterium [and](#) Arachinia. The clostridium are the most sensitive to the EEP (Kedzia, 1986). Observed the [antibacterial activity against a wide range of](#) frequently encountered [Gram positive](#) coccus and [rods](#) except for Mycobacterium tuberculosis, but only limited activity against gram-negative bacilli (Grange and Davey, 1990, Rojas Hernandez et al, 1993). [Takasi et al \(1994\) stated that propolis](#) to inhibit the [growth](#) of bacteria [by preventing cell division, resulting in the formation of](#) multicellular [pseudo-streptococci.](#)

MATERIAL AND METHODS The design of this research is to design a research Quasi alphabets experiment with the approach of a comparison [between the treatment group and the control group.](#) Respondents from [the](#) pulmonary Tuberculosis sufferers Bacteria Resistant Acid positive result was 20 people [divided into a control group and a](#) treatment [group](#) of 10 persons 10 persons. On the Group's treatment will be given Propolis for 1 month treatment first 2 times 5 drops every day. Then compared the process of healing with Acid Resistant Bacteria examination based on 2 months after treatment. Framework Research A1 A2 Sample B1 X B2 Description: A1: the measurement of Acid-Resistant Bacteria control group A2: the measurement of Bacteria Resistant to Cruiser control group X: Treatment by administering Propolis B1: measurement of Acid-Resistant Bacteria treatment group B2: the measurement of Acid-Resistant Bacteria treatment group RESULT AND DISCUSSION The healing process based on the results of the examination of the Acid-Resistant Bacteria on 2 months of treatment in the control group. From the results of research of pulmonary TB sufferers 10 who became a control group undergoing treatment after 2 months according to the standard public health examined the Acid-Resistant Bacteria with the result 4 Lung sufferers result Acid-Resistant Bacteria (+) and 6 person Lung Sufferers Acid-Resistant Bacteria (-), it is likely sufferers of Acid-Resistant Bacteria (+) due to the durability of the body of Pulmonary TB sufferers are not able to stop the progression of germs Mycobacterium tuberculosis as a result concerned remains a Pulmonary TB sufferers (Bankova V , 1997). The durability of the body less able to sufferers can also be caused because the sufferer less appetite so that intake of nutrients consumed insufficient. The control group is not only given propolis allotment plus the standard treatment clinics of pulmonary TB sufferers but indeed experience a decreased appetite, otherwise plus the giving of good nutrition will result in a weak body endurance. Complaints of cough and congested almost all sufferers complain first treatment to 1 month of treatment later in the second month began reduced cough and shortness of breath. The healing process based on the results of the examination of the Acid-Resistant Bacteria on 2 months treatment group treatment. From the results of the study 10 sufferers undergoing treatment after treatment group 2 months standard Clinics plus a grant of propolis 2 times 5 drops every day for 1 month conducted the examination result is Acid-Resistant Bacteria 10 Lung sufferers Acid-Resistant Bacteria (-), it is likely due to the durability of the body of the sufferer is able to stop the progression of Mycobacterium tuberculosis germs. The durability of the body of the sufferer is able to stop the

progression of the germ Mycobacterium tuberculosis disebabkan regular treatment possibilities plus the granting of propolis propolis because it contains [minerals such as Mg, Ca, I, K, Na, Cu, Zn, Mn and Fe as well as some vitamins](#) such as [B1, B2, B6, C and E, and a number of fatty acids. In addition, it contains some](#) of the enzyme succinate dehydrogenase as, glucose-6-phosphatase, acid phosphatase and adenosine triphosphatase (Tikhonov and Mamontova, 1987). [Propolis contains copper 26.5 kg manganese mg/ 40 mg /kg ash residue and contains iron,](#) calcium, aluminium, vanadium, strontium, manganese and Silicon (Moreira, 1986). Propolis has antibacterial activity against gram-positive bacteria (Grecianu and Enciu, 1976). Granting of propolis will form a ligand bonds to spur the formation of IRAQ'S complex TLR- 1/Iraq-4. IRAQ-1 complex activates the kinase protein complex is NOT-1, activation of the kinase and localization of nucleus transcription factors NFK- β to produce IFN- γ , IL-12. The main effect of signals the activation of transcription factors is TLR NFK- β which is required for the expression of many genes and related to immunity and inflammation of the flesh. On the Group's treatment, the treatment group of 10 sufferers examined smear after treatment 2 months plus a grant of propolis 2 times 5 drops every day get the show results entirely Acid- Resistant Bacteria (-). This is likely due to the additional grant of propolis propolis which could improve the durability of Pulmonary TB sufferer's body because of the content of propolis there mineral and vitamins for pulmonary TB sufferers. In addition to minerals and vitamins contained in propolis, its activities can also be Gram positive bacteria which Mycobacterium tuberculosis is one of the Gram-positive bacteria, so that this can be added the granting of propolis for the treatment of Pulmonary Tuberculosis. Analysis of Pulmonary TB sufferers healing process in the control group and treatment group The results showed bring influence awarding of propolis on Pulmonary TB sufferer's treatment process is significant $p = 0.029$ i.e. smaller than $\alpha = 0.05$ means there are significant effects of propolis against granting process treatment lung sufferers it is likely because the group who were given additional treatment propolis 2 times 5 drops every day for 1 month can increase the durability of body lung sufferers so that can inhibit the growth of bacteria Mycobacterium tuberculosis. This is in accordance with the opinion of the Ugur Arslan (2004) and that the propolis can be antimicrobial activity as Gram positive. Propolis can also have activity as Gram-positive bacteria so that the possibilities of propolis selainmeningkatkan body durability can also kill the bacteria Mycobacterium tuberculosis. Granting of propolis will form a ligand bonds to spur the formation of IRAQ'S complex TLR-1/Iraq-4. IRAQ-1 complex activates the kinase protein complex is NOT-1, activation of the kinase and localization of nucleus transcription factors NFK- β to produce IFN- γ , IL-12. IFN- γ will produce ROS to activate Mycobacterium tuberculosis, while IL-12 will produce Th-1 to produce IFN- γ that produce ROS and then activate the bacteria Mycobacterium tuberculosis.

CONCLUSION The healing process based on the results of the examination of the Acid-Resistant Bacteria on 2 months of treatment on a control group of 10 respondents indicating the results of 6 people experience the healing process by showing the results of Acid-Resistant Bacteria (-) and 4 people showed results of Acid-Resistant Bacteria (+). While in Treatment groups of 10 people, all of the respondents experienced a healing process with results of Acid-Resistant Bacteria (-). [There was a statistically significant difference in the](#) healing process between [the](#) control and treatment groups so that it can be concluded that the granting of propolis may help the healing process of pulmonary TB. REFERENCES [1] Akopyan ZM, Shakaryan GA, Danielyan SG (1970). Sensitivity of microorganism to propolis in some districts of the Armenian S.S.R. BiolZhArmeniya, 23, 70-4. [2] Bankova V, Christov R, Hegazi AG, Abd El Hady FK, Popov S (1997). Chemical composition of propolis from popular buds. International Symposium on Apitherapy, Cairo 8-9th, March. [3] Glinnik AV, Gapanovich VYA (1981). Antibacterial properties of Asian Pacific Journal of Cancer Prevention, Vol 7, 2006 propolis. Zhurnal Ushnykh Nosovykh Gorlovykh Bolezn, 4, 75-6. [4] Grecianu A, Enciu V (1976). Activity in vitro of propolis against bacterial strains of animal origin. Institutul Agronomic cIon Ionescu de la Brade (Zootehnie. Medicin Veterinara), 90-2. [5] Jozwik Z, Trytek J (1985). The effect of propolis extracts containing flavonoid compounds on acid-resistant saprophytic bacilli. Pszczelnicze Zeszyty Naukowe, 29, 47-65. [6] Malimon GL, Shub TA, Kagramanova KA, Kivman GYA (1980). Comparative study of alcoholic extracts of propolis from different geographic zones by spectrophotometric and antimicrobial action. Khimiko-farmatsevticheski Zhurnal, 14, 114-7. [7] Melliou E, Chinou I (2004). Chemical analysis and antimicrobial activity of Greek propolis. Planta Med, 70, 515-9. [8] Moreira TF (1986). Chemical composition of propolis: Vitamins and amino acids. Rev Bras Farmacogn, 1, 12-9. [9] Meresta L, Meresta T (1985). An attempt to use propolis extract in the treatment of mastitis of cows. Medycyna Weterynaryjna, 41, 489-92. [10] Nikolaev AB (1978). Defending the bee town. In Remarkable, hive product: Propolis. Scientific data and suggestions concerning its composition, properties and possible use in therapeutics. APIMONDIA standing commission on beekeeping technology and equipment, Bucharest. [11] Shub TA, Kagramanova KA, Kivman GYA, Tikhonov AI, Gritsenko VI (1978). Antimicrobial activity of propolis extracts. Pharmaceutical Chemistry Journal, 11, 1242-4. [12] Tikhonov AI, Mamontova INS (1987). Production and study of alyophilized phenolic polysaccharide preparation from propolis. Farmatsevticheskii Zhurnal, 3, 67-8 [13] Ugur A, Arslan T (2004). An in vitro study on antimicrobial activity of propolis from Mugla province of Turkey. Med Food, 7, 90-4. [14] Vokhonina TV, Breeva LG, Bodrova RN, Dushkova ES (1969). Some physical

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